# ${ }^{13} \mathrm{C}$ NMR OF TETRAHYMANOL 

Mabry Benson and W. David Nes*<br>Plant Physiology and Chemistry Research Unit<br>U. S. Department of Agriculture, Berkeley, California 94710<br>William R. Nes and J. R. Landrey<br>Drexel University, Philadelphia, Pennsylvania 19104

Triterpenoids can be divided into those which are biosynthesized via a non-oxidative cyclization of squalene, e.g., tetrahymanol, and those which proceed under aerobic conditions ria 2,3 -oxidosqualene, e.g., lanosterol and lupeol (1,2). Since certain triterpenoids may replace sterols as membrane components ( 1,3 ) but not as regulators of sexual expression (4), their structural elucidation is of interest for phylogenetic and functional reasons (5). The purpose of the present communication is to assign the ${ }^{13} \mathrm{C} \mathrm{nmr}$ resonances for the saturated pentacycle tetrahymanol 1 (cf. fig. 1), confirming the structure $(6,7)$.

## RESULTS AND DISCUSSION

Based on the work of Wenkert et al. (8), to assign the signals for all but two carbon atoms of tetrahymanol, lupeol 2 and lupene 3 (cf. fig. 2) were used as model compounds; a lanthanide shift reagent was also used. Since the A, B, and C rings of 1 are analogous to the $\mathrm{A}, \mathrm{B}$, and Crings of 2 and the $\mathrm{E}, \mathrm{D}$, and C rings of 1 are the same as the $\mathrm{A}, \mathrm{B}$, and C rings of 3 , the assignments of the carbon atoms in 1 follow directly from those of 2 and 3.

Because the $3 \beta$-hydroxyl group in 1 destroys what would otherwise be a symmetrical molecule about the dashed line in fig. 2, many pairs of peaks, i.e., $5-17,6-16,7-15,8-14,9-13$, $10-18,11-12,25-28,26-27$ (triterpenoid numbering system, fig. 1 (9)), have similiar but not identical chemical shifts. To make the assignments for all but one of these pairs, the lanthanide shift reagent $\mathrm{Yb}(\mathrm{dpm})_{3}$ was used. The downfield shifts induced by the shift reagent are shown in fig. 3. For all additions of shift reagent, the signals for pair 8-14 were obscured, thus not permitting their differentiation.

The ${ }^{13} \mathrm{C}$ chemical shift for $\mathrm{C}-3$ of 1 agrees with that of the $3 \beta$-hydroxylsubstituted carbon of lupeol 2. Further confirmation of the orientation of the hydroxyl in 1 comes from the 200 $\mathrm{MHz}{ }^{1} \mathrm{H} \mathrm{nmr}$ spectrum where $\mathrm{H}-3$ at 3.195 is a clearly resolved doubledoublet with couplings of 10.2 Hz and 5.9 Hz , in contrast to the 90 Hz MHz spectrum where the signal is an unresolved multiplet. The 10 Hz coupling can only arise from a vicinal diaxial configuration, indicating that the hydroxyl must be oriented equatorially or $\beta$.


TRITERPENOID NUMBERING SYSTEM


STEROID NUMBERING SYSTEM

Fig. 1. Structure of tetrahymanol with the triterpenoid and steroid numbering system.


2.

3.

Fig. 2. ${ }^{13} \mathrm{C}$ nmr chemical shifts in $\mathrm{CDCl}_{3}$ of $1,2,{ }^{6}$ and $3 .{ }^{6}$ * shifts may be interchanged.


Fig. 3. Downfield shifts in ppm on 1 induced by $\mathrm{Yb}(\mathrm{dpm})_{3}$, extrapolated to a unit ytterbium/substrate ratio.

## EXPERIMENTAL

The ${ }^{13} \mathrm{C} \mathrm{nmr}$ were recorded on a Jeol PS100 operating at 25.03 MHz . The pulse sequence used in obtaining the Fourier transform spectra was the multiplicity separation sequence of Le Cocq and Lallemand (10) where the C and $\mathrm{CH}_{2}$ signals and the CH and $\mathrm{CH}_{3}$ signals are of opposite phase. Spectra were run with a $90^{\circ}$ flip angle ( $16 \mu \mathrm{~s}$ ) at a repetition rate of 2 s using 32 K data points to cover a width of $10,000 \mathrm{~Hz}$ (this width used to suppress spurious responses). To more accurately determine the number of carbons at each shift, one spectrum was run at a repetition rate of 10 s to allow full relaxation of the signals between pulses. This rate is more than five times the reported relaxation times of $1-1.5 \mathrm{~s}$ for axial methyls in cholestane derivatives (11). A Varian EM390 operating at 90 MHz and a Nicolet 200 operating in the FT mode at 200 MHz were used to obtain the ${ }^{1} \mathrm{H} \mathrm{nmr}$
spectra, which were the same as those previously described (12,13). The downfield shifts were determined by four sequential additions of shift reagent and least squares extrapolation to unit ytterbium/substrate ratio.

Tetrahymena pyriformis, strain $W$, was cultured as previously described (10). The cells were lyophilized and the dried cells were extracted three times with chloroformmethanol ( $2: 1 \mathrm{v} / \mathrm{v}$ ) at $55^{\circ}$. After saponification of this total lipid fraction with $10 \%$ KOH in $95 \%$ aqueous methanol, the ethersoluble neutral lipid was chromatographed on an alumina column with increasing amounts of ether in hexane. The 4,4-dimethyl fraction was further purified to yield 1 by chromatography on a Lipidex- 5000 column (14). Compound 1 was $>99 \%$ pure according to gle and reversed-phase hplc ( 15,16 ). Electron ionization mass spectra were obtained on a 70/70 F double-focusing instrúment (MicroMass, VF-Organic Ltd.)
by use of the direct probe and an ion-source temperature of 180 . The MS for 1 showed a $m / 2428$ ( $\mathrm{M}^{+}, 70 \%$ ), confirming its molecular weight and structurally diagnostic fragmentation pattern due to a reverse DielsAlder rearrangement, giving rise to a base peak of $m / z 191\left(\mathrm{M}^{+}, 100 \%\right)$.

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